

Your Story

1. As you think about these archetypes, which ones have the deepest resonance for you? Tell stories from your life that illustrate why and how they are important.

2. Which archetypes would be useful to call into your life at this time, and for what reason?

3. What communities are you a part of? Tell a story about a time your community supported you....or failed to.

4. How has the shadow shown up in a community you've been part of? What did you learn from it?