

Your Story

1. As you read about the Connection/Love aspect of Yin Intellectual Maturity, what comes up for you? Based on your experiences, does the idea that Intellectual Maturity has biological requirements make sense? Describe a time when you think you were able to see patterns, connect the dots and see a whole picture rooted in your sense of wonder.

2. On the Autonomy/Curiosity side, how would you describe yourself? Do you think of yourself as a learner? Do you find you sometimes ask questions that surprise others? Give some examples of yourself in this domain.

3. Which of the Monsters that inhibit/prevent intellectual maturity show up in your story? How? Are there others not mentioned? Give examples.

4. As you think about this form of maturity, what draws you to it? What repels you? How would you describe your relationship to it?