

## **Your Story**

1. Knowing that there is not “one right way,” how do these forms of maturity come together for you, both now and in the person you aspire to be?

2. Is the concept of being a “Flower Soldier”~strong and soft, tender and tough~appealing to you? Is there another phrase to describe someone who is mature in all domains that you prefer?

3. What does the term “sovereignty” mean to you? Can you think of times when you’ve had sovereignty in your life? Describe.

4. When Sharon Blackie says, “we *are* the Grail...the fertile, creative, life-giving energy of the universe...the energy we need to find within ourselves and bring out into an ailing world,” where does that land in your body? How does it relate to experiences you have had? Describe.