

Your Story

1. How does this description of Yin/Yang balanced leadership land for you? Does it describe someone you aspire to be, or someone you would be willing to follow? Describe your response.

2. Where, in your life, are you a leader? How comfortable are you in that role?

3. Which of the four elements of leadership grounded in Yin are you most comfortable with? Least? Do you know the sources of that comfort or discomfort?

4. Tell a story of a time when you spoke the truth and pointed to hope. What was that experience like for you?